



Natural Cosmetics Essentials



46 Recipes for Face Body
Hair & Hygiene



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Why Make Your Own Cosmetics?



FACE CARE





FACE RECIPES

NATURAL CARE • PURE INGREDIENTS • HEALTHY SKIN



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1

Nourishing Night Cream

Shea Butter • Rosehip



KEY INGREDIENTS



Shea Butter
nourishes &
restores



Rosehip Oil
revitalizes &
protects

SOFTER • SMOOTHER
HEALTHIER SKIN

2

Gentle Cleansing Milk

Chamomile



KEY INGREDIENTS



Chamomile
soothes &
calms



Natural Milk
gently cleanses
& softens

CLEAN • CALM
REFRESHED SKIN

3

Hydrating Face Serum

Jojoba



KEY INGREDIENTS



Jojoba Oil
balances &
hydrates



Vitamin E
protects &
renews

PLUMP • RADIANT
GLOWING SKIN

4

Anti-Aging Eye Cream

— VITAMIN E —



5

Brightening Face Mask

— TURMERIC • HONEY —



6

Pore-Minimizing Toner

— WITCH HAZEL —



7

Exfoliating Face Scrub

oatmeal honey



8

Soothing Aloe Gel

lavender



9

Lip Balm

beeswax coconut oil



10

Rose Water Mist

glycerin



11

Clay Face Mask

bentonite tea tree



12

Vitamin C Serum

rosehip lemon



13

Under-Eye Treatment

COFFEE • COCONUT OIL



14

Moisturizing Day Cream

ALMOND OIL • BEESWAX





BODY CARE





— 15 —
Whipped Body Butter
shea • cocoa butter



Shea Butter

Cocoa Butter



(finished product shown above)



— 16 —
Salt Body Scrub
sea salt • essential oils



Sea Salt

Essential Oils



(finished product shown above)



— 17 —
After-Sun Lotion
aloe • lavender



Aloe Vera

Lavender
Essential Oil



(finished product shown above)

18

Cellulite Massage Oil

coffee • rosemary



19

Healing Balm

calendula • beeswax



20

Hand Cream

shea • vitamin E





21
Foot Cream
peppermint tea tree



22
Stretch Mark Oil
rosehip vitamin E



23
Deodorant Cream
baking soda coconut



24

Bath Bombs

- citric acid
- essential oils



25

Muscle Relief Balm

- arnica
- eucalyptus



26

Body Mist

- rose water
- glycerin





HAIR CARE

27

Nourishing Hair Mask

avocado • olive oil



28

Dry Shampoo

arrowroot • cocoa



29

Anti-Dandruff Rinse

apple cider vinegar • tea tree



30

Hair Growth Serum

Castor Oil + Rosemary



31

Detangling Spray

Aloe + Marshmallow Root



32

Herbal Hair Rinse

Chamomile + Nettle



33

Curl Defining Cream

Flaxseed Gel



34

Hot Oil Treatment

Coconut Argan Oil



35

Scalp Scrub

Sea Salt Peppermint



36

Leave-In Conditioner

Shea Jojoba





37

Natural Toothpaste



Baking
soda



Coconut
oil

38

Mouthwash



Peppermint



Tea tree

39

Hand Soap



Castile
soap



Essential
oils

40

Shower Gel

aloe honey



41

Intimate Wash

chamomile lavender



42

Shaving Cream

coconut oil aloe



43

Perfume Oil

Essential Oil Blends



44

Bug Repellent

Citronella • Eucalyptus



45

Sunscreen

Zinc Oxide • Shea



46

First Aid Balm

Calendula • Honey





Shea Butter



Coconut Oil



Beeswax



Essential Oils



Aloe Vera



Jojoba Oil



Rosehip Oil



Vitamin E



Arrowroot



Safety Guidelines & Tips

Simple practices for a safe, effective & enjoyable experience



PATCH TEST

Test. Observe. Use with confidence.



1

CLEAN

Clean a small area on the inner forearm and pat dry.



2

APPLY

Apply a small amount of product to the area.



3

WAIT

Leave it undisturbed for 24 hours.



4

CHECK

If no redness, itching, or irritation occurs, the product is likely safe for you.



Discontinue use if irritation occurs.
Consult a healthcare professional if needed.



SHELF LIFE

Use within the recommended period.



6 MONTHS

Use within 6 months of opening.



12 MONTHS

Use within 12 months of opening.



BEST BEFORE

Refer to the label for batch expiry date.



Natural products may vary in color or texture over time, but effectiveness remains intact.



STORAGE TIPS

Store right. Keep it safe.



COOL & DRY

Store in a cool, dry place away from moisture.



AWAY FROM DIRECT SUNLIGHT

Keep away from direct sunlight and heat.



TIGHTLY CLOSED

Always keep the container tightly closed after use.



KEEP OUT OF REACH OF CHILDREN

Store in a safe place, out of children's reach.



When in doubt, choose safety. Your well-being is our priority.



Your Journey Starts Now

